

**STEVE PERCY, MS PTA ATC**  
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**HIGHLIGHTS OF CAREER BACKGROUND**

PERSONAL TRAINER FOR SEAN CANFIELD, OREGON STATE UNIVERSITY FOOTBALL CLUB

PERSONAL TRAINER FOR LISE LOTTE NEUMANN, LPGA TOURING PRO

PERSONAL TRAINER FOR STEFFEN PETERS, 1996 EQUESTRIAN OLYMPIC BRONZE MEDALIST

HEAD TRAINER *one* AUSTRALIA 1995 AMERICAS CUP CHALLENGE

HEAD ATHLETIC TRAINER FOR SAN DIEGO SPORTS MEDICINE CENTER - PHYSICAL THERAPY DEPT.

ASSISTANT TRAINER FOR SAN DIEGO CHARGERS PROFESSIONAL FOOTBALL CLUB

CLINICAL REHABILITATION FOR SAN DIEGO CLIPPERS PROFESSIONAL BASKETBALL TEAM

CLINICAL REHABILITATION FOR USA GOLD MEDALIST MEN'S OLYMPIC VOLLEYBALL TEAM

CLINICAL REHABILITATION FOR USA SILVER MEDALIST WOMEN'S OLYMPIC VOLLEYBALL TEAM

DIRECTOR OF CIF HIGH SCHOOL ATHLETIC TRAINING PROGRAM FOR EIGHT SAN DIEGO SCHOOLS

HEAD GRADUATE TRAINER BOBBY KNIGHT'S INDIANA UNIVERSITY BASKETBALL TEAM

**PROFESSIONAL EXPERIENCE**

1995-PRESENT : **OWNER OF THE PARAGON CLUB & CREATOR OF PERSONAL ATHLETIC TRAINING SYSTEMS™**

ESTABLISHED AND MANAGE AN EXCLUSIVE PERSONAL TRAINING, SPORTS MEDICINE, AND FITNESS CENTER; PERFORM EVALUATION AND TREATMENT FOR POST - REHABILITATIVE INJURIES; DESIGN AND ADMINISTER EXERCISE PRESCRIPTIPONS; OVERSEES ALL ASPECTS OF BUSINESS INCLUDING: ADMINISTRATION (7 EMPLOYEES), MARKETING, SALES, AND OPERATIONS. INTERNATIONAL LECTURER AND EDUCATOR OF MOVEMENT EDUCATION

1994-1995 **HEAD ATHLETIC TRAINER: LEVAS PHYSICAL THERAPY CENTER**

RESPONSIBLE FOR THE EVALUATION AND TREATMENT OF 15-20 PHYSICAL THERAPY PATIENTS DAILY

1994-1995 **HEAD TRAINER: *one* AUSTRALIA 1995, AMERICA'S CUP CHALLENGE**

PROVIDED CLINICAL REHABILITATION, SPORTS MEDICINE CARE AND PREVENTION; CREATED AND IMPLEMENTED STRENGTH AND FITNESS TRAINING PROGRAMS FOR SAILING CREW

1992-1994 **DIRECTOR OF BUSINESS DEVELOPMENT: CAREMARK ORTHOPEDIC SERVICES**

RESPONSIBLE FOR BUSINESS DEVELOPMENT OF 5 ORTHOPEDIC PHYSICAL THERAPY CENTERS; MARKETING OF ORTHOPEDIC PHYSICIANS IN SOUTHERN CALIFORNIA; ESTABLISHMENT OF REFERRAL CONTRACTS WITH INSURANCE COMPANIES AND HMO PROVIDERS.

1990-1992 **SOUTHERN CALIFORNIA TERRITORY MANAGER: EMPL, INC.**

ESTABLISHED SALES AND MARKETING STRATEGIES FOR PHYSICAL THERAPY EQUIPMENT AND MODALITIES TO SPORTS MEDICINE AND PHYSICAL THERAPY FACILITIES INCLUDING HOSPITAL, PRIVATE PRACTICE, AND CORPORATE ENVIRONMENTS

1988-1990 **TERRITORY MANAGER: HORIZON MEDICAL**

ESTABLISHED SALES AND MARKETING STRATEGIES FOR PHYSICAL THERAPY EQUIPMENT AND MODALITIES TO SPORTS MEDICINE AND PHYSICAL THERAPY FACILITIES INCLUDING HOSPITAL, PRIVATE PRACTICE, AND CORPORATE ENVIRONMENTS

1980-1988

**SAN DIEGO SPORTS MEDICINE CENTER**

HEAD ATHLETIC TRAINER, PHYSICAL THERAPY DEPT.

DIRECTOR OF FITNESS CENTER, PERSONAL TRAINER EDUCATION PROGRAM

CLINICAL REHABILITATION FOR: SD CHARGERS NFL, SD CLIPPERS NBA, OLYMPIC MENS AND WOMENS VOLLEYBALL TEAMS

**PUBLICATIONS**

**IDEA PERSONAL TRAINER MAGAZINE:** *POSTURAL DYSFUNCTION IN GOLFERS* (JULY 2002; PGS: 34-43)

**ADVANCE FOR DIRECTORS IN REHABILITATION:** *TRAINING MOVEMENT* (MAY 2004; PG: 76)

**SPECIAL TRAINING**

GRAY INSTITUTE, *GIFT* PROGRAM GRADUATE, 2007 (1YR FELLOWSHIP PROGRAM)

GRAY INSTITUTE, *CHAIN REACTION* (2004, 05, 06, 07, 08) - APPLIED FUNCTIONAL SCIENCE (140+ HOURS)

CERTIFIED ATHLETIC T RAINER: 1980

NATIONAL ATHLETIC TRAINER ASSOCIATION APPROVED CURRICULUM PROGRAM

INDIANA UNIVERSITY (M.S. - 1500+ HRS)

NATIONAL ATHLETIC TRAINER ASSOCIATION APPROVED CURRICULUM PROGRAM

SUNY AT CORTLAND (B.S. - 1500+ HRS)

MANUAL THERAPY EDUCATIONAL CONCEPTS: *INTEGRATED MANUAL THERAPY APPROACH TO EVALUATION AND TREATMENT OF THE SPINE* (52 HOUR COURSE)

*SPINE AND PELVIC JOINT MOBILIZATION: EVALUATION AND TREATMENT - THE AUSTRALIAN APPROACH* (60 HOUR COURSE)

*CERVICAL SPINE AND SHOULDER EVALUATION AND TREATMENT - CYRIAX APPROACH* (17 HOUR COURSE)

*PERIPHERAL JOINT MOBILIZATION EVALUATION AND TREATMENT OF THE UPPER AND LOWER LIMB - THE AUSTRALIAN APPROACH* (44 HOUR COURSE)

*PROPRIOCEPTIVE NEURO-MUSCULAR FACILITATION* (20 HOUR COURSE)

*G.D. MAITLAND PERIPHERAL JOINT EXAMINATION AND MOBILIZATION* (28 HOUR COURSE)

**EDUCATION**

INDIANA UNIVERSITY GRADUATE SCHOOL OF PHYSICAL EDUCATION - M.S. DEGREE IN SPORTS MEDICINE, 1980  
NATA CURRICULUM PROGRAM

STATE UNIVERSITY OF NEW YORK AT CORTLAND - B.S. DEGREE IN PHYSICAL EDUCATION WITH EMPHASIS IN  
SPORTS MEDICINE, 1979 NATA CURRICULUM PROGRAM

LICENSED PHYSICAL THERAPY ASSISTANT, 1994

NATA CERTIFIED ATHLETIC TRAINER, 1980 AND JUNE 2007 (PENDING CPR CERTIFICATION)