

## **PRESENTATION EXPERIENCE**

**NSCA 2008 NATIONAL CONFERENCE**, Las Vegas NV, July, 2008.

TOPIC: *PERSONAL ATHLETIC TRAINING SYSTEMS™ – MOVEMENT TESTING AND MOVEMENT SOLUTIONS* (2 sessions)

CONTACT: VIRGINIA MEIER

PHONE: 800-815-6826

**IDEA 2007 WORLD FITNESS CONVENTION**, San Diego CA, July 5 - 9, 2007.

TOPIC: *PERSONAL ATHLETIC TRAINING SYSTEMS™ – MOVEMENT TESTING: DYNAMIC FUNCTIONAL MOVEMENT ASSESSMENTS*

CONTACT: KATHY DAVIS CEO

PHONE: 800-815-6826

**IDEA 2007 WORLD FITNESS CONVENTION**, San Diego CA, July 5 - 9, 2007.

TOPIC: *PERSONAL ATHLETIC TRAINING SYSTEMS™ – MOVEMENT TESTING*

CONTACT: KATHY DAVIS CEO

PHONE: 800-815-6826

**NATA 2007 ANNUAL MEETING**, Anaheim CA, June 26 - 30, 2007.

TOPIC: *PERSONAL ATHLETIC TRAINING SYSTEMS™ – MOVEMENT TESTING: DYNAMIC FUNCTIONAL MOVEMENT ASSESSMENTS* (2 sessions)

CONTACT: LINDSEY ANDERSON

PHONE: 800-796-5774

**PERFORM BETTER 2007 THE 3-DAY FUNCTIONAL TRAINING SUMMIT**, Long Beach CA, June 1 - 3, 2007.

TOPIC: *PERSONAL ATHLETIC TRAINING SYSTEMS™ – MOVEMENT TESTING: DYNAMIC FUNCTIONAL MOVEMENT ASSESSMENTS* (2 sessions)

CONTACT: CHRIS MEYER

PHONE: 800-556-7464

**PERFORM BETTER 2007 LEARN-BY-DOING 1-DAY SEMINAR**, Dallas TX, February 24, 2007.

TOPIC: *PERSONAL ATHLETIC TRAINING SYSTEMS™ – MOVEMENT TESTING: DYNAMIC FUNCTIONAL MOVEMENT ASSESSMENTS*

CONTACT: CHRIS MEYER

PHONE: 800-556-7464

**IDEA 2006 WORLD FITNESS CONVENTION**, Las Vegas NV, July 25-29, 2006.

*PERSONAL ATHLETIC TRAINING SYSTEMS™ CLINICAL PRESENTATIONS & DEMONSTRATIONS – EXPO EXHIBIT BOOTH*

CONTACT: KATHY DAVIS CEO

PHONE: 800-815-6826

**NSCA 2006 PERSONAL TRAINER CONFERENCE**, Las Vegas NV, March 12 & 13, 2006.

TOPIC: *PERSONAL ATHLETIC TRAINING SYSTEMS™ – MOVEMENT SOLUTIONS* (2 sessions)

CONTACT: VIRGINIA MEIER

PHONE: 800-815-6826

**IDEA 2005 PERSONAL TRAINER CONFERENCE**, Las Vegas NV, July 5 - 8, 2005.

TOPIC: *PERSONAL ATHLETIC TRAINING SYSTEMS™ – EXPO EXHIBIT BOOTH*  
CONTACT: KATHY DAVIS CEO  
PHONE: 800-815-6826

**NSCA 2005 PERSONAL TRAINER CONFERENCE**, Las Vegas NV, March 20 & 21, 2005.  
TOPIC: *PERSONAL ATHLETIC TRAINING – KEY TO MANAGING SPINAL CONDITIONS AND DYSFUNCTION* (2 sessions)  
CONTACT: VIRGINIA MEIER  
PHONE: 800-815-6826

**IHRSA 2005 25<sup>TH</sup> ANNUAL TRADE SHOW**, San Francisco CA, March 16 - 21, 2005.  
TOPIC: *NAUTILUS FREEDOM TRAINER - TRAINING MOVEMENTS NOT MUSCLES*  
*NAUTILUS DEALER PRESENTATION*  
CONTACT: DEAN SBRAGIA  
MEDFIT SYSTEMS, INC.  
PHONE: 800-831-7665

**WEST COAST SPORTS MEDICINE FOUNDATION**, Manhattan Beach CA, February 19, 2005. (8 hours)  
TOPIC: *PERSONAL ATHLETIC TRAINING – THE INTEGRATION OF SPORTS MEDICINE*  
*REHABILITATION AND 3-DIMENSIONAL MOVEMENT PATTERNING*  
CONTACT: JILL SLEIGHT, ATC  
PHONE: 310-726-0750

**RE-DEFINED FITNESS**, Chicago IL, March 4 - 6, 2005. (20 hour course)  
TOPIC: *PERSONAL ATHLETIC TRAINING – THE INTEGRATION OF SPORTS MEDICINE*  
*REHABILITATION AND 3-DIMENSIONAL MOVEMENT PATTERNING*  
CONTACT: SILVIU GANSCA  
PHONE: 847-256-8606

**PHENOMENAL FITNESS**, Chicago IL, September 10 - 12, 2004. (20 hour course)  
TOPIC: *PERSONAL ATHLETIC TRAINING – THE INTEGRATION OF SPORTS MEDICINE*  
*REHABILITATION AND 3-DIMENSIONAL MOVEMENT PATTERNING*  
CONTACT: SILVIU GANSCA  
PHONE: 847-256-8606

**PHENOMENAL FITNESS**, Chicago IL, July 16 - 18, 2004. (20 hour course)  
TOPIC: *PERSONAL ATHLETIC TRAINING – THE INTEGRATION OF SPORTS MEDICINE*  
*REHABILITATION AND FITNESS FOR ROTATOR CUFF AND SPINAL DYSFUNCTION*  
CONTACT: SEAN ARMSTEAD  
PHONE: 847-256-8606

**RE-DEFINED FITNESS**, Chicago IL, August 22 – 24, 2003. (20 hour course)  
TOPIC: *PERSONAL ATHLETIC TRAINING – THE INTEGRATION OF SPORTS MEDICINE*  
*REHABILITATION AND FITNESS FOR ROTATOR CUFF AND SPINAL DYSFUNCTIONS*  
CONTACT: SILVIU GANSCA  
PHONE: 847-256-8606

**NSCA 2003, NATIONAL CONFERENCE**, Indianapolis IN, July 16 - 19 2003.  
TOPIC: *A SYSTEMATIC APPROACH TO PROGRESSIVE EXERCISE SEQUENCING FOR SPINAL DYSFUNCTIONS*

CONTACT : VIRGINIA MEIER  
PHONE: 800-815-6826

**3-DAY SPORTS MEDICINE SEMINAR, San Diego CA, September 2002.**

TOPIC: *FLEXIBILITY REINFORCES THE FRAMEWORK STRENGTH & STABILITY PROVIDES THE FOUNDATION* (30 hour course)

CONTACT : PARAGON CLUB  
16085 SAN DIEGUITO RD., SUITE E-5  
P.O. BOX 675642  
RANCHO SANTA FE, CA 92067  
PHONE: 858-756-2930

**NSCA 2002 NATIONAL CONFERENCE, Las Vegas NV, July 10 – 13, 2002.**

TOPIC: *DON'T LOSE CLIENTS TO INJURIES: LEARN SPORTS MEDICINE TECHNIQUES AND KEEP THEM TRAINING*

CONTACT : VIRGINIA MEIER  
PHONE: 800-815-6826

**3-DAY SPORTS MEDICINE SEMINAR, San Diego CA, May 2002.**

TOPIC: *EVALUATION AND TREATMENT OF COMMON ATHLETIC INJURIES FOR THE PERSONAL TRAINER* (30 HOURS)

CONTACT : PARAGON CLUB  
16085 SAN DIEGUITO RD., SUITE E-5  
P.O. BOX 675642  
RANCHO SANTA FE, CA 92067  
PHONE: 858-756-2930

**GOLDEN DOOR RESORT AND SPA 2 DAY SEMINAR, San Diego CA, March 2002.**

TOPIC: *FLEXIBILITY, MOVEMENT ANALYSIS & SOFT TISSUE FUNCTION*

CONTACT : DIANE HONOUR  
GOLDEN DOOR  
777 DEER SPRINGS RD.  
SAN MARCOS, CA 92069  
PHONE: 760-744-5777 (EXT 4161)

**IDEA PERSONAL TRAINER CONGRESS, Chicago IL, April 5, 2001.**

TOPIC: *DON'T LOSE CLIENTS TO INJURIES: LEARN SPORTS MEDICINE TECHNIQUES TO KEEP THEM TRAINING*

CONTACT : APRILE PEISHEL  
6190 CORNERSTONE COURT EAST, SUITE 204  
SAN DIEGO, CA 92121-3733  
PHONE: 800-999-4332 (EXT. 7)

**IDEA PERSONAL TRAINER CONGRESS, Chicago IL, April 5, 2001.**

TOPIC: *BLUEPRINT FOR THE SUCCESSFUL EVALUATION AND TREATMENT OF COMMON INJURIES*

CONTACT : APRILE PEISHEL  
6190 CORNERSTONE COURT EAST, SUITE 204  
SAN DIEGO, CA 92121-3733  
PHONE: 800-999-4332 (EXT. 7)

**UNIVERSITY OF CALIFORNIA 2000 GOLF MEDICINE SYMPOSIUM, San Diego CA, March 18 – 21 2000**

TOPIC: *POSTURAL DYSFUNCTION IN GOLFERS*

CONTACT: HUGH GREENWAY, M.D.

UNIVERSITY OF CALIFORNIA, SAN DIEGO, SCHOOL OF MEDICINE

OFFICE OF CONTINUING MEDICAL EDUCATION

9500 GILMAN DRIVE

LA JOLLA, CA 92023

PHONE: 858-534-3940

**NATIONAL GOLF REGIONAL ADVISORY BOARD MEETING, Minneapolis MN, September 11, 2000**

TOPIC: *PREVENTION AND REHABILITATION OF GOLF-RELATED BACK INJURIES*

CONTACT: THOMAS STILLMAN, M.D.

DIRECTOR, DIVISION OF RHEUMATOLOGY

CLINICAL PROFESSOR OF MEDICINE, U OF M MEDICAL SCHOOL

HENNEPIN COUNTY MEDICAL CENTER

701 PARK AVENUE SOUTH

MINNEAPOLIS, MN 55415

PHONE: 612-347-2704

**UNIVERSITY OF CALIFORNIA GOLF MEDICINE SYMPOSIUM, San Diego CA, March 28 – April 1, 1999**

TOPIC: *TRAINING AND CONDITIONING*

CONTACT: HUGH GREENWAY, M.D.

UNIVERSITY OF CALIFORNIA, SAN DIEGO, SCHOOL OF MEDICINE

OFFICE OF CONTINUING MEDICAL EDUCATION

9500 GILMAN DRIVE

LA JOLLA, CA 92023

PHONE: 858-534-3940

**RANCHO VALENCIA TENNIS RESORT, San Diego Ca, February, 1998**

TOPIC: *TENNIS AND SPORTS INJURIES*

CONTACT: NANCY HUNTER

5921 VALENCIA CIRCLE

P.O. BOX 9126

RANCHO SANTA FE, CA 92067-4126

PHONE: 858-756-1123

**CAREMARK ORTHOPEDIC SERVICES AND PHYSICAL THERAPY DIVISION: NATIONAL SALES**

MEETING PRESENTER, 1993 AND 1994

TOPICS: *MARKETING STRATEGIES AND PROGRAM DEVELOPMENT*

CONTACT: N/A (COMPANY DISSOLVED)

**EMPI, INC.: NATIONAL SALES MEETING PRESENTER, 1990 AND 1992**

TOPICS: *ADMINISTRATION OF ELECTRICAL MODALITIES AND MARKETING STRATEGIES FOR TERRITORY DEVELOPMENT*

CONTACT: N/A (COMPANY DISSOLVED)

**NATIONAL OSTEOPATHIC PHYSICIAN'S ASSOCIATION ANNUAL MEETING, VAIL CO, 1983**

TOPIC: *PHYSIOLOGY OF FLEXIBILITY*

CONTACT : DR. LEE RICE  
6699 ALVARADO RD., SUITE 2100  
SAN DIEGO, CA 92120  
PHONE: 612-229-3909

**COLLEGE OF OSTEOPATHIC MEDICINE AT POMONA ANNUAL SPORTS MEDICINE UPDATE SYMPOSIUM: PRESENTER 1981 AND 1982**

TOPICS: *FLEXIBILITY: THE KEY TO INJURY PREVENTION*

CONTACT : DR. LEE RICE  
6699 ALVARADO RD., SUITE 2100  
SAN DIEGO, CA 92120  
PHONE: 619-229-3909

**2,000 HOURS OF IN-SERVICE LECTURING TO PHYSICAL THERAPISTS , ATHLETIC TRAINERS , OCCUPATIONAL THERAPISTS AND PHYSICAL THERAPY ASSISTANTS , 1988 TO 1994**

COMPANIES REPRESENTED: Horizon Medical, *EMPI* Medical Devices, Caremark  
Orthopedic Medicine and Physical Therapy Division

TOPICS: *PHYSICAL THERAPY, SPORTS MEDICINE, AND REHABILITATION TECHNIQUES AND APPLICATION*

**1,000 HOURS OF LECTURING FOR THE SAN DIEGO SPORTS MEDICINE CENTER**

Community outreach and internship programs.

Organizations: CIF high schools, San Diego Fire Department, San Diego Police  
Department, and Alvarado Hospital, 1980 to 1988

TOPICS: *DIFFERENTIAL DIAGNOSIS OF THE SHOULDER, BACK, AND KNEE; PNF  
TECHNIQUES AND APPLICATIONS; JOINT MOBILIZATION; FLEXIBILITY; STRENGTH TRAINING  
AND MODALITIES*